

AMCARE ORTHOPEDICS & SPORTS MEDICINE CENTER

Integrating Clinical Treatment With Specialized Rehabilitation
Helping Every Patient Achieve Optimal Functional Recovery



Amcare Orthopedics & Sports Medicine Center



About Amcare Orthopedics & Sports Medicine Center

Established in 2023, Amcare Orthopedics & Sports Medicine Center has earned the high regard and trust of patients through superb medical expertise, distinctive diagnostic and treatment models, streamlined clinical processes, and compassionate healthcare services.

>10000 cases

Families Received
Our Orthopedics Care

>800 cases

Orthopedic Surgeries

>230 cases

TAA Surgery

30 pax

Orthopedic Experts

8 pax

Rehabilitation Experts

2 teams

Orthopedic Facilities

Beijing Amcare Hospital
Amcare Outpatient Center (Xinzhongguan)



Amcare Orthopedics & Sports Medicine Center



About Amcare Orthopedics & Sports Medicine Center

Hotline: 400-10000-16

Beijing Amcare Hospital

No. 111 Jingshun Rd Chaoyang Dist

Amcare Outpatient Center (Xinzhongguan)

1F, Block A, e-Plaza Fortune Center, Haidian Dist

Amcare Outpatient Center (Xinzhongguan)

Beijing Amcare Hospital



About Amcare Orthopedics & Sports Medicine Center



— NO.1 —

The Orthopedics Department is led by

Prof. Wu Yong,
widely recognized as the
"Leading Pioneer of Foot & Ankle Surgery in China"



— NO.1 —

No.1 in patient satisfaction for painless & comfortable care

Multimodal analgesia protocol based on nerve block techniques
Comprehensive perioperative pain-free management
for all types of orthopedic surgeries

— NO.1 —

We rank first among
all private hospitals in China



Wu Yong, M.D. - Chief of Orthopedics & Sports Medicine Center,
Beijing Amcare Hospital

— NO.1 —

The first in China to be equipped with
a cutting-edge combination of Weight-bearing CT (WBCT)
and Surgical Robotic Systems

Enables patients to complete scans
in a natural standing (weight-bearing) position



Xu Ting, M.D. - Chief of Anesthesiology
Department, Beijing Amcare Hospital



Amcare Orthopedics & Sports Medicine Center

Renowned Experts and Teams



The center is led by Prof. Wu Yong, the former Director of Foot and Ankle Surgery at Beijing Jishuitan Hospital, serving as the Head and Chief Medical Expert. The expert team comprises professionals from renowned institutions, including Beijing Jishuitan Hospital, Tongren Hospital, Peking University Third Hospital, Peking Union Medical College Hospital, Peking University People's Hospital, Beijing Sports Hospital, and NewYork-Presbyterian Hospital, covering all specialties of orthopedics and sports medicine. Together, the team has established a multidisciplinary diagnosis and treatment system that emphasizes both clinical treatment and rehabilitation, while integrating routine and emergency medical capabilities.

Yong Wu Chief Physician

Professor, Peking University Health Science Center
Once Worked At Beijing Jishuitan Hospital



Specialize in : ankle-preserving treatments for ankle osteoarthritis, offering a highly comprehensive and systematic treatment strategy. His areas of expertise include arthroscopic debridement, supra-malleolar osteotomy, external fixation, total ankle replacement, and ankle fusion.

Jianguo Zhao Associate Chief Physician

MMed in Orthopedic Surgery,
Shanxi Medical University



Specialize in : sports medicine and the diagnosis and treatment of musculoskeletal sports injuries. He is highly proficient in minimally invasive arthroscopic surgery, including treatment of anterior and posterior cruciate ligament (ACL/PCL) tears, meniscal tears, intra-articular loose bodies, and rotator cuff injuries.

Mo Zhang Attending Physician

Former Surgeon, Orthopedic Department,
Chinese PLA General Hospital



Specialize in : He has long been engaged in clinical and basic research related to orthopedic implants and spinal surgery, and has accumulated extensive experience in the treatment of degenerative spinal diseases, spinal fractures, tumors, tuberculosis, limb fractures, and joint disorders.

Wei Li Chief Physician

Graduated from Xi'an Jiaotong University
Health Science Center



Specialize in :the surgical management of a wide range of joint disorders, including arthroscopy, corrective osteotomy, and total hip and total knee arthroplasty, as well as complex revision procedures. Over the past three years, he has been among the first in China to perform high-flexion total knee arthroplasty (TKA).

Zheng Wu Associate Chief Physician

Former Orthopedic Surgeon,
Southwest Hospital of Army Medical University



Specialize in : He is highly experienced in the clinical diagnosis, treatment, and rehabilitation of cervical spondylosis, lumbar disc herniation, lumbar spinal stenosis, spinal fractures, spinal deformities, spinal tuberculosis, limb fractures, and degenerative joint diseases.

Liang Fan Associate Chief Physician

MMed in Surgery, North China University
of Science and Technology



Specialize in : limb trauma and fracture surgery, spinal fracture surgery, hand and foot surgery, joint surgery, and sports medicine procedures. These include a wide range of techniques such as joint debridement (adhesiolysis), meniscus repair and shaping, microfracture repair for cartilage lesions.

Chunmei Hou Chief Physician

Chief Physician, Department of
Hand Surgery, Beijing Jishuitan Hospital



Specialize in : Hand congenital deformities: Correction of congenital syndactyly (hands/feet), polydactyly (hands/feet), cleft hand/foot, macrodactyly, and other deformities. Peripheral nerve injuries: Functional reconstruction of nerve injuries and treatment of nerve compression syndromes of the limbs.

Hui Du Chief Physician

Currently serves in the Foot & Ankle
Surgery Department, Beijing Jishuitan Hospital



Specialize in : treating a wide range of adult foot and ankle conditions that cause pain, deformity, swelling, and stiffness. These include hallux valgus, hallux rigidus, metatarsalgia, flatfoot, cavus foot, clubfoot, Achilles tendinitis, heel pain syndrome, talar avascular necrosis, and ankle arthritis.

Renowned Experts and Teams

Yu Wang Chief Physician

Currently serves as the Director of the Department of Spinal Surgery at Peking University First Hospital

Specialize in : surgical treatment of scoliosis and ankylosing spondylitis. Dr. Yu Wang published over 30 SCI papers, including 10 papers in the leading journal Spine. He holds 8 domestic patents and 1 international patent.



Bo Liu Chief Physician

M.D., Peking University Health Science Center

Specialize in : He specializes in the minimally invasive diagnosis and treatment of wrist and hand conditions, including trauma, fractures, sports injuries, ligament injuries, overuse injuries, arthritis, rheumatoid arthritis, and tumors. He is skilled in wrist arthroscopy and minimally invasive treatment of nerve injuries.



Yi Lu Chief Physician

Currently serves in the Department of Sports Medicine, Beijing Jishuitan Hospital

Specialize in : He has extensive expertise in managing complex elbow fractures, ligament and tendon injuries, elbow stiffness, elbow arthritis caused by various etiologies, rotator cuff injuries, and shoulder instability. He is also highly experienced in shoulder and elbow joint replacement procedures.



Yaping Chen Chief Physician

Former Director of the Beijing Tongren Hospital, Capital Medical University

Specialize in : She specializes in foot and ankle rehabilitation, rehabilitation treatment of joint diseases, sports injury rehabilitation, and osteoporosis management. She is also experienced in voice rehabilitation, as well as the rehabilitation of spinal cord injuries, cerebrovascular diseases, and peripheral nerve injuries.



Xiaofeng Gong Chief Physician

Currently serves in the Foot & Ankle Surgery Department, Beijing Jishuitan Hospital

Specialize in : treatment of fresh foot and ankle fractures and dislocations, correction of old fracture deformities, hallux valgus, diabetic foot, talar osteochondral lesions, ankle sprains, cavus foot, and flatfoot.



Yonggang Xing Chief Physician

Currently serves in the Department of Spinal Surgery at Beijing Jishuitan Hospital

Specialize in : the diagnosis and treatment of common and frequently occurring lumbar, cervical, and thoracic spine conditions. He has made significant contributions to the research and management of spinal deformities.



Nan Li Chief Physician

Currently serves in the Department of Spine Surgery, Beijing Jishuitan Hospital

Specialize in : the surgical treatment of degenerative cervical spine disorders, including anterior cervical disc replacement, fusion and fixation, and posterior laminoplasty. He is also skilled in both conventional and minimally invasive surgical treatments for various types of spinal trauma.



Jianming Gu Chief Physician

Currently serves in the Department of Orthopaedic Surgery at Beijing Jishuitan Hospital

Specialize in : Leg Alignment Correction, Toe Shortening & Post-Polio Reconstruction, Avascular Necrosis of the Femoral Head, Knee Repair & Replacement Surgery. can develop personalized surgical plans based on leg shapes: applying cutting-edge global techniques.



Lei Zhang Chief Physician

Currently serves as Director of the Department of Sports Medicine at Wang Jing Hospital of CACMS

Specialize in : the repair and reconstruction of joint disorders and sports-related injuries, such as osteoarthritis, anterior cruciate ligament (ACL) injuries, meniscal tears, patellar instability, rotator cuff injuries, and shoulder instability.



Siyi Cai Associate Chief Physician

M.D., Peking Union Medical College, mentored by Academician Dr. Guixing Qiu for both MMed and M.D. studies

Specialize in : areas of expertise include cervical disc herniation, cervical spinal canal stenosis, ossification of the posterior longitudinal ligament (OPLL), atlantoaxial dislocation, lumbar disc herniation, and other degenerative spinal diseases — specialized in both open and minimally invasive surgical treatments.



Fangyuan Wei Associate Chief Physician

Currently serves at Department of Hand and Foot Surgery of Beijing University of Chinese Medicine Third Affiliated Hospital

Specialize in : the correction of hallux valgus in children and adults, congenital and acquired flatfoot, clubfoot, foot and ankle fractures and dislocations, chronic ankle instability, ligament injuries of the foot and ankle, osteochondral lesions of the talus, as well as rheumatoid arthritis and gouty arthritis of the foot and ankle.



Zhiyong Lu Chief Physician

Currently serves as Director of the Department of TCM Rehabilitation at the Sports Medicine Research Institute, General Administration of Sport of China

Specialize in : focuses on clinical epidemiological studies of spinal and limb joint injuries; integrative Chinese and Western medical treatment of orthopedic conditions such as cervical, shoulder, and knee disorders. He also specializes in post-op rehabilitation of common sports injuries and sports-related trauma.



Renowned Experts and Teams

Jing Chen Chief Physician

Currently serves at Aerospace Central Hospital,
Aerospace Clinical Medical School of Peking
University Health Science Center

Specialize in : primary and revision hip and knee replacements,
partial knee replacement, minimally invasive femoral
head-preserving surgery for avascular necrosis, and computer
-assisted knee replacement.



Ning Sun Associate Chief Physician

Currently serves in the Department of Foot
and Ankle Surgery at Beijing Jishuitan Hospital

Specialize in : His main research areas include forefoot deformities
such as hallux valgus, chronic ankle sprains, foot and ankle
trauma, and ankle arthritis. He specializes in the treatment of
hallux valgus, post-surgical complications of hallux valgus, chronic
ankle sprains, talus necrosis, and foot and ankle fractures.



Pan Qi Associate Chief Physician

Currently serves in the Department of Orthopedics
at China Rehabilitation Research Center,
Beijing Bo'ai Hospital.

Specialize in : stepwise treatment of knee osteoarthritis (including
sports rehabilitation and knee arthroplasty), post-injury sports
rehabilitation of the knee joint, as well as the treatment and
post-op care of limb fractures.



Deyong Huang Chief Physician

Currently serves in the Department of
Orthopaedics at Beijing Jishuitan Hospital

Specialize in : primary and revision hip and knee arthroplasty,
stepwise treatment of knee osteoarthritis, including periarticular
osteotomy and unicompartmental knee arthroplasty, hip-preserving
treatment for femoral head necrosis, and periacetabular osteotomy
for adult developmental dysplasia of the hip (DDH).



Ming Lu Associate Chief Physician

Currently serves in the Department of
Pediatric Orthopaedics at Beijing Jishuitan Hospital

Specialize in : standardized surgical treatment of pediatric cavus
foot and flatfoot, external fixation for severe foot and ankle frac-
tures, and serial casting for congenital talipes equinovarus (club-
foot).



Jile Jiang Associate Chief Physician

M.D., Fudan University
Fellow of the Royal College of Surgeons of Edinburgh

Specialize in : He specializes in minimally invasive spine treat-
ments, including lumbar disc herniation, and cervical spondylosis.
He is also experienced in the treatment of spinal deformities, such
as adolescent idiopathic scoliosis, adult degenerative scoliosis, and
adult kyphotic deformities.



David P. Roye, Jr., M.D.

CMO, JuniperMD

Professor Emeritus, Columbia University
College of Physicians and Surgeons

Specialize in : Lower Limb Deformities, Hip Pain Conditions, Spas-
ticity Management, Scoliosis (Spinal Curvature), Cerebral Palsy
(CP). In October 2023, he was granted "Most Outstanding Public
Welfare Physician" at the 5th China Physicians Philanthropy
Conference.



Liangpeng Lai Attending Physician

Currently serves at
Beijing Jishuitan Hospital

Specialize in : the diagnosis and treatment of a variety of foot and
ankle conditions, including fresh and old fractures, foot and ankle
arthritis, adolescent flatfoot, and other foot deformities, as well as
Achilles tendon disorders, ankle ligament injuries, and chondral
(cartilage) lesions commonly seen in sports injuries.



Jianhao Lin Chief Physician

Director, Department of Joint Surgery,
Peking University People's Hospital

Specialize in : His major research interests include the comprehen-
sive treatment and prevention of osteoarthritis in the elderly, the
pathogenesis of osteoarthritis, and rehabilitation and exercise
therapy for osteoarthritis.



Covers all areas of orthopedics
and sports medicine





Amcare Orthopedics & Sports Medicine Center

Renowned Experts and Teams



The center brings together a team of highly qualified rehabilitation specialists, all certified in advanced rehabilitation techniques. They are dedicated to delivering comprehensive rehabilitation solutions for acute and chronic pain, as well as orthopedic and sports injuries. From precise assessment to personalized treatment planning and high-efficiency therapy execution, the team provides end-to-end care designed to accelerate recovery, restore function, and help patients safely return to an active lifestyle.

Yang Yu (RMTT)

MMed in Sports Rehabilitation



Specialize in : the diagnosis and treatment of various acute and chronic pain conditions, including neck, shoulder, and lower back pain, as well as hip, knee, and ankle issues [such as cervical spondylosis, rotator cuff injuries, lumbar disc herniation, femoroacetabular impingement, and ankle joint injuries].

Fengyu Cheng (RMTT)

Having over 10 years of professional experience in rehabilitation medicine



Specialize in : include the treatment of musculoskeletal pain caused by neck, shoulder, lower back, and leg conditions. She is also experienced in managing postpartum pain, foot & ankle assessment and custom orthotic insole fabrication, and post-operative rehabilitation for bone & joint surgeries.

Hao Xu (RMTT)

Certified Rehabilitation Supervising Therapist by the National Health Commission



Specialize in : postoperative rehabilitation and conservative treatment of orthopedic and sports injuries, particularly in developing personalized rehabilitation plans and delivering highly effective therapy.

Jiaqi Li (RMTT)

Having nearly 8 years of professional experience in rehabilitation medicine



Specialize in : He has treated thousands of patients with knee and lower limb conditions, offering both therapeutic interventions and guidance on daily movement precautions. He is particularly experienced in correcting various types of lower limb abnormalities.

Xinyang Yu (RMTT)

Certified Rehabilitation Therapist by the National Health Commission



Specialize in : Postoperative rehabilitation, Chronic pain rehabilitation, Sports injury rehabilitation, Return-to-sport training and performance enhancement.

Xuanying Wang (RMTT)

Graduated from Beijing Sport University, majoring in Sports Rehabilitation



Specialize in : Posture Correction, Sports Injuries, Chronic Pain, Postoperative Orthopedic Rehabilitation, Athletic Performance Enhancement.

Lu Wang (RMTT)

Certified Rehabilitation Therapist by the National Health Commission



Specialize in : sports injury assessment and rehabilitation, chronic joint pain treatment and recovery, adolescent sports injury and posture correction, post-operative rehabilitation following ligament reconstruction, and orthopedic post-op rehabilitation.

Jianhuang Liu (RMTT)

Graduated from Beijing Sport University with a major in Sports Rehabilitation



Specialize in : the treatment and rehabilitation of common sports injuries, providing professional and personalized rehabilitation guidance; proficient in manual therapy, physical therapy, kinesiology taping, and other sports rehabilitation and protection techniques.



Our Scope of Diagnosis and Treatment

▶ Foot & Ankle and Lower Limb Deformity Correction Center

Ankle and calcaneal fractures, ankle instability, ankle arthritis, hallux valgus, flatfoot deformity, cavus foot (high-arched foot) and lower limb deformity



▶ Knee & Hip Center

Conservative and surgical care (including joint replacement) for knee and hip diseases



▶ Spinal Diseases Diagnosis & Treatment Center

Cervical spondylosis, lumbar disc herniation, lumbar spinal stenosis, scoliosis, and thoracolumbar fractures



▶ Upper Limb Center

Focused on precise diagnosis, personalized treatment, and functional rehabilitation of shoulder, elbow, hand, and wrist conditions



▶ Neck, Back and Lower Limb Center

Cervical spondylosis, lumbar disc herniation, lumbar spinal stenosis, lumbar facet joint disorder, lumbar myofascial pain syndrome, discogenic low back pain, and various causes of acute and chronic low back and leg pain



▶ Sports Rehabilitation & Conservative Treatment Center

It is dedicated to providing personalized, full-cycle non-surgical rehabilitation protocols for individuals with sports injuries, chronic pain, and functional impairments



▶ Non-Surgical Treatment Center

Spinal diseases, joint diseases, sports injuries, soft tissue pain, and metabolic bone diseases



▶ Orthopedic Trauma Center

Acute and chronic osteoarticular trauma of the extremities, malunion/old injuries, and other bone and joint traumatic conditions



▶ Pediatric Orthopedics Center

Specialized in musculoskeletal system diseases for children and adolescents aged 0-16, including pediatric fractures and adolescent idiopathic scoliosis



▶ Orthopedic Emergency Care Center

Streamlined / Rapid diagnosis and treatment (ERAS). 24/7 full-time orthopedic specialists provide emergency coverage. The team can immediately collaborate with Internal Medicine and Anesthesiology



Conservative Treatment Center for Sports Rehabilitation

Clinical Highlights

1

Conservative First

Movement Function Assessment, Pain Scale Assessment, Imaging-Assisted Evaluation

2

Personalized Treatment Plans

Developing customized rehabilitation programs based on individual conditions

3

Function-Focused

Restoring athletic performance and daily functional independence

4

High-Efficiency Clinical Care

Multimodal and high-efficiency treatment protocols, achieving a faster return to daily activities, sports, and exercise

Amcare Outpatient Center (Xinzhongguan)

A Hub for Sports Rehabilitation & Conservative Care

Sports Rehabilitation & Conservative Treatment Center specializes in providing personalized, full-cycle non-surgical rehabilitation protocols for individuals with sports injuries, chronic pain, and functional impairments

Physician-Led, Therapist-Driven Integrated Care

Model is dedicated to restoring motor function, alleviating pain, and facilitating a gradual return to daily life

Clinical Care System

5

Scientific Assessment

Movement Function Assessment, Pain Scale Assessment, Imaging-Assisted Evaluation

6

Comprehensive Intervention

Therapeutic Exercise, Physical Agents, Manual Therapy, Orthotic Assistance / Bracing & Support

7

Maintenance & Prevention

Providing exercise guidance and home-based rehabilitation programs, minimizing the risk of re-injury



Amcare Orthopedics & Sports Medicine Center

Our Competitive Edge

Clinical & Rehabilitation Integration

Focused on returning you to your peak performance

Guided by our philosophy of "Integrated Clinical Treatment & Rehabilitation", we are dedicated to helping patients achieve superior functional recovery. Our orthopedists and rehabilitation therapists collaborate to develop tailored treatment plans based on each patient's unique condition. We ensure patients have a clear understanding of their staged milestones, therapeutic methods, and outcome assessment protocols, empowering them with full informed consent and the right to choose their care path.



Clinical Treatment &
Rehabilitation Integration



Renowned Expert
Care Team



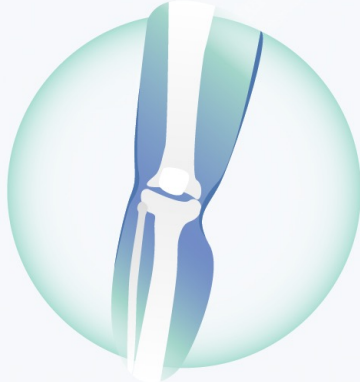
Treatment And Rehabilitation
Training Under Pain Management



Advanced Medical Equipment
& Consumables



Medical insurance may apply for the
surgery and hospitalization bills





Amcare Orthopedics & Sports Medicine Center

Convenient and Efficient Payment Services



We offer a variety of convenient payment methods, including cash, bank cards, and major digital payment platforms such as WeChat Pay and Alipay. Our efficient billing process ensures a seamless experience with minimal waiting time. Outpatient orthopedic services support direct settlement with commercial insurance. Inpatient guests can benefit from a seamless, one-stop reimbursement process combining public medical insurance and commercial insurance, ensuring a hassle-free experience and significantly reducing the financial burden of care.

 Health Insurance Services & Solutions	 友邦保险	 平安健康 PING AN HEALTH	 招商信诺 保险 · 健康 · 财富	 Healthcare Solutions	 Cigna	 太平洋保险 CPIC
	 致保科技 Zhibao Tech	 中意人寿 GENERALI CHINA	 福寿联合健康保险 FOSUN HEALTH	 WINGSTONE 联合健康	 GBG Insurance Without Borders	 柏盛健康 prosper
 泰康人寿 Taikang Life		 Allianz Care	 泰康养老 Taikang Pension	 Allianz 安联世合	 INTERNATIONAL 国际 SOS	 ICBC 工银安盛人寿 ICBC AXA LIFE
	 ERGO 安联 德国 安联	 UnitedHealthcare	 JAMBO 上海亿保健康科技集团有限公司	 Henner Here to care	 京东安联	 GeoBlue
 商保通 China Health Connect	 FESCO	 Jianyi.tech 健医科技	 普康健康 PUKANG HEALTH		 AP Global Health Management	 Emergency Assistance Japan 日本威马康救援株式会社
 GLOBAL DOCTORS	 ASSISTANCE redefining service	 Medbanks 思通健康科技	 BUMA BUNDESAUTONOME	 EURO-CENTER Local Assistance - Worldwide	 PRESTIGE INTERNATIONAL	 William Russell

Advanced Treatment Technologies and Equipment

► Cutting-edge Non-Surgical Technologies & Rehabilitation Equipment

Short wave therapy:

Reaches deep layers (e.g., muscles and bones) to alleviate deep-seated inflammation and pain.

Indications: Effective for post-operative or post-traumatic deep tissue inflammation (e.g., post-fracture adhesions), joint stiffness, and muscle strain.



CURAPULS 970

XIBOY

Interferential Current Therapy (IFC):

Neuromuscular stimulation, autonomic nervous system regulation, and enhancement of localized blood circulation.

Indications: Targeted treatment for neuromuscular disorders, acute/chronic pain, and inflammatory conditions.

MINATO

Superkine SK—10W



Extracorporeal Shockwave Therapy:

Non-invasive, short treatment duration, with significant and long-lasting efficacy. Release adhesions and break down calcifications. Enhance localized blood circulation. Stimulate fibroblasts and osteoblasts for tissue repair.



SWISSDOLORCLAST

Smart20EMS

Ultrasound-Guided Precision Injection:

Ultrasound-guided nerve block effectively alleviates pain caused by localized nerve compression and manages post-herpetic neuralgia (PHN).



GE Healthcare

Voluson E8

Advanced Treatment Technologies and Equipment

► Sports Rehabilitation Assessment System

Gait analysis, can support personalized rehabilitation training protocols.

JSP—SV3 Smart20

JASENCO



“ Focusing on functional movement assessment
Empower personalized orthopedic rehabilitation ”

► Advanced Diagnostic Therapeutic & Rehabilitation Equipment

Weight-Bearing CT

A specialized orthopedic imaging system rarely available in China. Utilizing advanced cone-beam CT technology, it offers the advantages of low radiation exposure and high-speed scanning. The system enables 3D imaging and reconstruction of both feet and ankles under natural weight-bearing conditions, providing a more accurate visualization of alignment, biomechanics, and structural stability in real-life positions.



WD-CBCT600a(Premium Edition) Wandong

Magnetic Resonance Imaging (MRI)

Featuring high-end MRI scanners from GE Healthcare (USA), offering ultra-fast scanning, ultra-high-definition imaging, low noise levels, and enhanced patient comfort.



GE Healthcare SIGNA PREMIER

Advanced Treatment Technologies and Equipment

Video Arthroscopy System

Featuring the full line of Arthrex HD/4K Arthroscope Systems. A flagship solution from the global leader in endoscopy and sports medicine innovation.

Ultra-HD /4K imaging

Arthrex

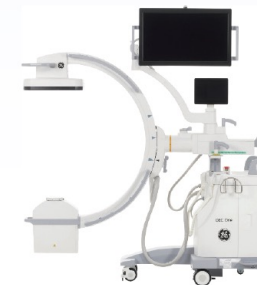


Surgical Robotic System

Through high-precision positioning and advanced imaging guidance. Enabling complex procedures to achieve "visualization, precision, and minimally invasive excellence."

Innovative Intelligent Control

Arthrex



Integrated Electric Operating Table

Featuring a Full Carbon Fiber Tabletop for 100% X-ray translucency and superior radiolucency. Engineered to meet the most demanding high-quality imaging requirements.

Mindray

HyBase 8300

High-Resolution Spinal Endoscopy System

Equipped with 4K Ultra-HD Visualization and Intelligent Light Source technology. Supports full-segment endoscopic procedures for both Cervical and Lumbar spine. Achieving precise nerve decompression through "Keyhole" incisions.

Powerful Digital Image Processing

Joimax/Medtronic



Surgical Robotic System

Through high-precision positioning and advanced imaging guidance. Enabling complex procedures to achieve "visualization, precision, and minimally invasive excellence."

NDI

VEGA ST

“ Enhancing quality and efficiency in orthopedic treatment
Relieving pain and revitalizing life ”

Advanced Treatment Technologies and Equipment

Radiofrequency Ablation (RFA) & Plasma Surgery System

Minimally invasive interventional therapy for discogenic pain. Utilizing low-temperature plasma technology to repair ruptured annulus fibrosus.



ArthroCare

Designed for Minimally Invasive
Interventional Procedures

Intraoperative neuromonitoring (IONM) system

Monitoring electric signals of the spinal cord and nerve roots in real time and reducing the risk of nerve injury to below 0.3%.



NIM-Response 3.0

Real-time monitoring of signals

► Specialized Medical Consumables

Bioabsorbable Screws

Bioabsorbable screws are a specialized internal fixation material in trauma orthopedics. They are primarily composed of degradable polymeric materials such as polylactic acid. In the treatment of fractures, doctors utilize them for the fixation of smaller bone fragments or intra-articular fractures. Their most significant feature is that, over time, they can be gradually absorbed and degraded within the human body, eliminating the need for a secondary removal surgery, as is required for traditional metal screws.

Absorbable surgical sutures

Absorbable surgical sutures are specialized sutures used for suturing soft tissues in trauma orthopedic surgery. It is made of natural or synthetic absorbable materials. Unlike traditional non-absorbable sutures, this type of suture, after completing wound closure, is gradually decomposed and absorbed by human tissues as the wound heals, eliminating the need for suture removal. This significantly alleviates the patient's discomfort from postoperative suture removal and reduces the risk of infection that may be triggered during the suture removal process.





High cost-effective orthopedic consumables and prostheses

Ensuring patients use high cost-effective orthopedic consumables and prostheses

► Imported and domestic foot and ankle joint prostheses



Infinity® Total Ankle System



Inbone® Total Ankle System

► 3D printed prostheses



► Novel prostheses for the knee and hip

Biological knee prostheses for total knee arthroplasty (TKA) surface replacement



Biological hip prostheses for total hip replacement (THR) surgery

► External fixators





Amcare Orthopedics & Sports Medicine Center

Dedicated Case Managers



Provide full-cycle clinical management services for patients

1-on-1 butler service

Every surgical and inpatient individual is assigned a CM to provide butler-style services within the hospital.

Assisting patients with administrative procedures

Assisting patients in correctly understanding the proposed surgical procedures, consumables, anesthesia and analgesia methods, costs, etc. Assisting with various necessary procedures for social medical insurance and commercial insurance. Providing timely lifestyle guidance for patients during their hospitalization.

Tracking the patient's condition progress throughout the entire process

Communicating and following up in a timely manner before and after surgery, and synchronizing the patient's condition with the attending physician in time. Suggesting the initiation of MDT when necessary.

Assisting patients with follow-up visits, subsequent consultations, examination appointments, and other paperwork

Assisting patients with organizing and photocopying medical record materials, etc.

Multi-language support

Providing Chinese, English, and Japanese language support, and can also coordinate support for other languages.



Amcare Orthopedics & Sports Medicine Center

Intelligent Ward Services

Comfortable Wards with Smart Control

Comfortable, welcoming environment with smart voice-controlled room systems and fully equipped amenities.

Facilities adapted for hip surgery

For patients undergoing hip surgery, rooms are equipped with mobile, height-adjustable commode chairs to support safe and convenient mobility during recovery.

Full coverage of patients' daily needs

Self-service retail area and comprehensive accessibility system.

Zero-contact meal delivery service

Accessible bathroom

Multidisciplinary Nursing Postoperative Care

A nursing team with multidisciplinary backgrounds, capable of timely response to post-op needs.

Personalized customized hospital beds

To accommodate taller patients, our hip surgery ward features a customizable 2.2-meter extended bed.

Greater peace of mind for accompanying family members

The entire ward supports 1-2 family members for accompaniment, which not only eliminates the need for patients' family members to seek accommodation outside the hospital but also saves the cost of hiring additional nursing assistants.



Orthopedic Ward



Intelligent Living Area



Accessible Restroom

Amcare Orthopedics & Sports Medicine Center

Multidisciplinary collaboration for implementing better pain management

Amcare Orthopedics & Sports Medicine Center, in collaboration with the Anesthesia Department, adopts ultrasound-guided nerve block technology, which can achieve better pain management during and after surgery, alleviate patient suffering, and reduce adverse reactions to anesthesia, facilitating a comfortable medical experience for patients and allowing them to begin functional exercises as soon as possible.

Ultrasound-guided nerve block is not a single technique, but a collection of various techniques; There are already dozens of commonly used nerve block approaches, and new application boundaries are constantly being expanded;

It is applied not only to the aforementioned elderly and critically ill patients but also covers the entire surgical population, and it is of paramount importance for young pediatric patients.

An anesthesia plan covering the entire chain of preoperative, intraoperative, and postoperative stages can effectively reduce surgical stress in these young patients and minimize their body's traumatic stress response.

For postoperative patients, pain is one of the most common conditions that surgical patients must face, and most patients believe that as long as there is surgery, pain is inevitable.

This is not necessarily the case with Dr. Xu Ting, Chief of the Anesthesia Department.





Amcare Orthopedics & Sports Medicine Center

Multidisciplinary collaboration for implementing better pain management

Perioperative multimodal analgesia protocols based on nerve block techniques fully leverage the advantages of MDT and involve close collaboration with the lead surgeon.

During the patient's hospitalization, anesthesiologists are involved in pain management throughout the entire process; based on nerve block analgesia, auxiliary analgesia plans are individually formulated (ice packs, oral medications, intravenous medications, etc.).

According to clinical data from Amcare Orthopedics, 99% of postoperative inpatients maintain a VAS pain score of 3 or below, with 95% at a score of 0 (completely no pain) during hospitalization. Less than 1% of patients report a VAS score of 5 or above, most of which are associated with specific surgical procedures where nerve block analgesia is not applicable.

Effective pain management enables early rehabilitation exercises and mobilization for patients, enhances surgical outcomes, and reduces the incidence of common postoperative complications such as urinary retention, aspiration pneumonia, and lower limb thrombosis.



FIRST
IMAGING





Amcare Orthopedics & Sports Medicine Center

Professional and Warm Treatment Environment

Inspired by the Möbius strip in design, natural light and greenery are introduced through three major inner courtyards to create a soothing medical environment.

The facility features a sunlit lounge, dining areas, and a children's play zone, along with comprehensive amenities that integrate diagnosis, inpatient care, rehabilitation, and recovery.

This holistic setting provides patients with all-round support, combining medical excellence with genuine patient-centered care.



Integrate Diagnosis
And Treatment
Hospitalization And
Rehabilitation Into One
System





User Sharing

01 Even the Elderly Can Undergo Fracture Surgery

A 90-year-old patient suffered a hip fracture after slipping down when going to the bathroom at night. Without proper treatment, many elderly patients may experience a rapid decline in health, and in severe cases, it can even be life-threatening.

After a thorough assessment, the Amcare Orthopedics team developed a detailed surgical plan and successfully completed the operation. **Hip fracture surgery for elderly patients is no longer considered a "forbidden procedure". It is now a mature and highly successful intervention with excellent outcomes.**

"Without surgery, hip fractures not only drastically reduce quality of life, but the one-year mortality rate is very high. **With surgery and proper rehabilitation, patients can regain independence, improve quality of life, and even extend life expectancy. This also reduces the caregiving burden on the family,"** said Dr. Zhao.

02 Advanced Ankle Replacement Restores Mobility for the Elderly

Two years ago, Grandma Elena began experiencing sudden, unexplained pain in her right ankle. Long walks worsened the discomfort, and over time, the pain became so severe that she could barely walk 500 meters, not to mention walking up and down the stairs. **Her right ankle pain gradually confined her to her home.**

Medical examination revealed advanced osteoarthritis in her right ankle, with severely narrowed joint space and irreversible degeneration. **The recommended solution was ankle joint replacement, replacing the worn joint with a durable prosthesis.**

Skilled surgeons experienced in this procedure are rare, but Elena was fortunate to find Dr. Yong Wu, an expert in ankle replacement surgery. She successfully underwent the operation at Amcare Orthopedics.

Soon after the surgery, she was able to attend her niece's wedding in Xinjiang province, walking freely and joyfully — an outcome that brought happiness to her and her family.

03 A 72-Year-Old Patient Finds Relief from Fracture Pain

While shopping, Mrs. Li, 72 years old, slipped in a puddle and immediately experienced severe back pain. Examination at a local hospital revealed a fracture of the 12th thoracic vertebra. She wanted surgery immediately, but due to hospital scheduling, she would have to wait several days. "My doctor recommended surgery, but there were **no available beds until Monday, and the operation wouldn't be until Thursday. The pain was unbearable! I couldn't even turn in bed and was anxious to get relief,**" Mrs. Li recalled.

Her son reached out through acquaintances and learned about Dr. Zheng Wu at Amcare Orthopedics. "I felt like I had found a lifeline. Dr. Wu was incredibly kind and listened patiently, and as a spine specialist, I immediately felt reassured," she said.

Mrs. Li was admitted to the Amcare Hospital and underwent a thorough evaluation. **Her surgery was scheduled for the very next morning as the first procedure of the day.**

Dr. Wu performed a minimally invasive, unilateral puncture vertebroplasty, **making only a small incision on one side of the fractured vertebra. In just 20 minutes, bone cement was precisely injected into the center of the vertebral body.**

"I have to say, the procedure here was incredibly fast. From exam to surgery in just one day. I felt no pain during the operation, and now, after the surgery, I'm completely comfortable," Mrs. Li praised Dr. Zheng Wu and Anesthesiologist Dr. Ting Xu for their professional and compassionate care.

04 “Lower Back Pain” Hides a Nerve Crisis

“I thought it was just my old lumbar disc problem, but after three months of pain, I realized my sciatic nerve was actually ‘trapped’!” The patient had visited multiple hospitals for presumed lumbar spine issues, with no relief.

Upon arrival, this patient could neither lie flat nor sit comfortably. Dr. Zhao conducted a detailed examination and found pain radiating from the buttock to the lower leg, with a positive straight-leg raise test, which is suspicious for Piriformis Syndrome.

A multidisciplinary team (MDT) was immediately activated. After joint assessment with Dr. Xu, the team confirmed the diagnosis and performed an ultrasound-guided injection directly at the point where the sciatic nerve was compressed under the piriformis muscle, using a long-acting local anesthetic and corticosteroid combination.

“Within a minute of the injection, the electric-shock sensation in my leg disappeared!” the patient recalled. Pain relief was immediate, and what had been unbearable discomfort was gone. Within half an hour, the patient was able to sit cross-legged and go home the same day.

Importantly, the precision injection suppressed local inflammation and created a “golden window” for nerve self-repair, facilitating subsequent rehabilitation. This minimally invasive approach allowed the patient to recover safely without hospitalization.

05 Multidisciplinary Relief for Post-Herpetic Neuralgia

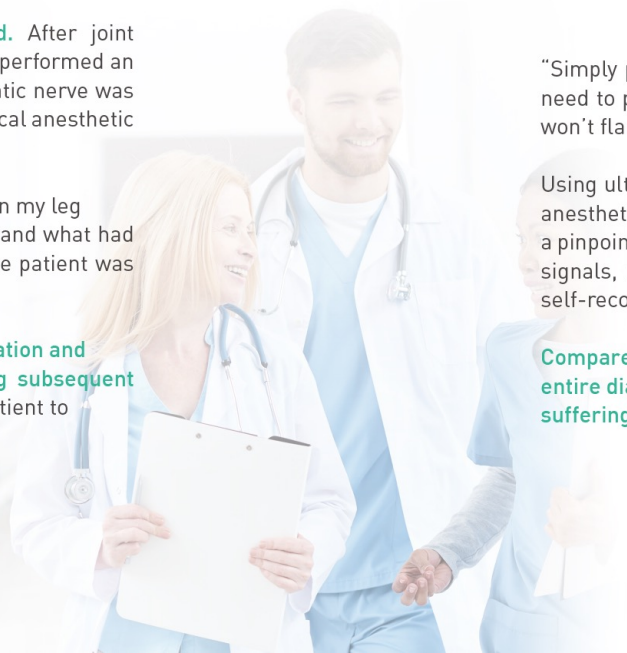
After suffering from shingles, Mrs. Zhang was tormented by post-herpetic neuralgia. **The unpredictable, severe pain made it difficult for her to eat or sleep.** Seeking treatment close to home, she remembered Dr. Zheng Wu, who had treated her during a previous knee replacement surgery, and immediately reached out for help. Dr. Wu replied to her message promptly and invited her to come for a consultation.

At Amcare Orthopedics, Dr. Wu quickly coordinated a multidisciplinary consultation with Anesthesiologist Dr. Ting Xu. They diagnosed hyper-sensitive nerves caused by inflammation from viral reactivation triggered by immune therapy.

“Simply put, your nerves are overly sensitive, like a grassland on fire,” explained Dr. Xu. “We need to put out the fire and give fresh grass time to grow. Once the new grass grows, the fire won’t flare up again.”

Using ultrasound-guided injections, Dr. Xu delivered nerve-nourishing medication, long-acting anesthetics, and corticosteroids precisely around the affected nerve roots. “It’s like performing a pinpoint firefight on the inflamed nerves,” Dr. Xu said. The treatment immediately blocked pain signals, reduced inflammation, and improved nerve repair, giving the nerves critical time to self-recover.

Compared with the slow, multi-department process in public hospitals, Amcare completed the entire diagnosis and treatment process within one hour, sparing the patient prolonged suffering. “Finally, I can see hope for living like a normal person!” Mrs. Zhang exclaimed.





User Sharing

06 From Knee Pain to a Perfect Fitness Score: A Youth Athlete's Comeback

Xiaoyu is an energetic teenager who loves sports. But about six months ago, he began experiencing pain in his right knee, especially when jumping and landing on the court. Every sharp pain made him wince.

After a detailed checkup, imaging studies, and comprehensive physical assessment, the physician diagnosed him with Sinding-Larsen-Johansson syndrome (jumper's knee) and ilio-tibial band syndrome, the underlying causes of his knee pain.

The chief of rehabilitation then created a personalized recovery plan tailored to Xiaoyu's age, activity level, and fitness goals.

Over the next three months, Xiaoyu attended more than a dozen rehabilitation sessions with his therapist. Treatment focused on releasing tight muscles, strengthening the muscles around the knee joint, and correcting movement patterns to prevent further strain. He was also taught proper sports techniques and injury prevention strategies.

Gradually, the pain faded away completely. Xiaoyu regained his agility and confidence, returning to running, jumping, and basketball without discomfort.

When school fitness testing day finally arrived, he performed exceptionally well in every event and achieved a full mark. Holding his report card, Xiaoyu jumped with excitement, while his mother felt an overwhelming sense of relief seeing her son active, healthy, and smiling again.

07 Breaking the Cycle of Recurrent Ankle Sprains: Mr. Zhao Regains His Confidence

About six months ago, he missed a step while going downstairs and severely twisted his ankle. The pain was so intense that he could no longer walk. After evaluation at a public hospital, he was diagnosed with a serious ankle injury that required surgery.

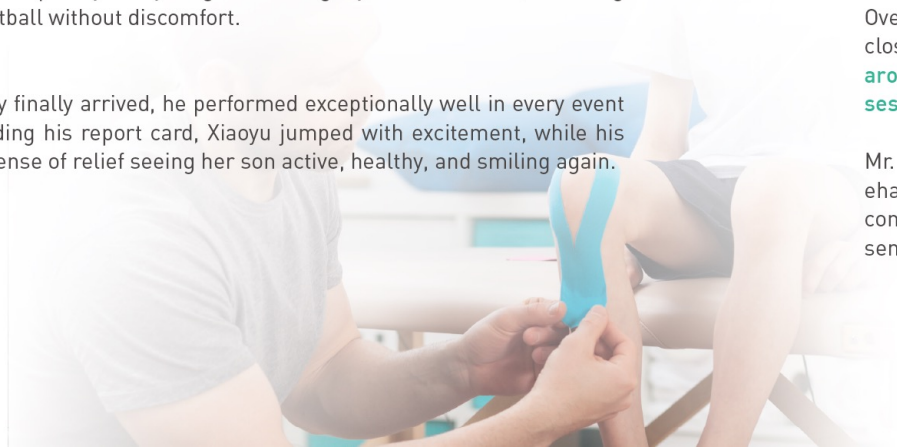
Although the operation itself was successful, recovery proved frustrating. After a period of rehabilitation, his ankle still ached, and he lacked the confidence to put weight on it—let alone return to normal daily activities.

Feeling discouraged, Mr. Zhao heard from a friend about the Sports Rehabilitation Department at Amcare Clinic Xinzongguan and decided to give it a try. He brought all of his medical records to the clinic for a second opinion.

At Amcare Clinic, the physicians and rehabilitation specialists carefully reviewed his surgical history and performed a comprehensive assessment of his ankle. They analyzed not only the condition of the joint itself, but also his walking pattern, movement habits, and the underlying reasons behind his repeated sprains. Based on these findings, the MDT team developed a personalized rehabilitation program tailored specifically to his needs.

Over the following weeks, Mr. Zhao attended rehabilitation sessions regularly and worked closely with his therapist step by step. Treatment focused on releasing tight soft tissues around the ankle, improving joint stability, and rebuilding strength and balance. After every session, he also received detailed guidance for home care and exercises.

Mr. Zhao remained highly motivated throughout the process. After completing 10 rehabilitation sessions, the results were remarkable: the pain in his right ankle disappeared completely. He could walk steadily and confidently again, without the "weak" or "unstable" sensation that had troubled him for years.



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